

Treating Whooping Cough Effectively

Did you know...Despite vaccination rates of up to 95%, the incidence of Pertussis commonly called Whooping Cough (because of the 'whooping' sound) in developed countries has been increasing since 1990. In the past 2 years, the outbreak is growing at what the CDC describes as an "alarming rate". Early blame for the increasing incidence of whooping cough had been directed toward the small population of unvaccinated children, but recent data shows that the large majority of cases are contracted by those who have already been vaccinated according to CDC guidelines.¹



The 3 Stages of Whooping Cough

1. Mild cold symptoms- mostly just a runny nose and a mild cough. It usually lasts about 2 weeks. There may be a low grade fever. ***This is when the patient is most contagious.*** Whooping cough spreads very easily. In a household, it is close to 100%.
2. Paroxymal (spasmodic fits) stage with fits of rapid coughing (paroxysms) followed by a whoop sound. A clear shiny mucus develops with the cough. It is very viscid and difficult to expel despite paroxysms of coughing. The coughing continues until no air is left in the lungs. After this comes a deep intake of breath that produces a heaving, "whooping" sound when the air passes the larynx (windpipe) that gives rise to the name of the disease. Often there is vomiting and exhaustion. This stage can last from 1-6 weeks.
3. Convalescence- recovery is gradual.

Facts about Whooping Cough

- Conventional medical treatment is ineffective once a person has contracted the illness
- **The Pertussis vaccine does NOT prevent transmission of the disease. Fully vaccinated people can remain infectious and act as silent carriers transmitting the disease to infants without themselves displaying clinical symptoms.**²
- Medical authorities have recently suggested that additional Pertussis boosters may be necessary because it is believed that the vaccine (like a few others) loses its effectiveness over time. In general, the Pertussis vaccination protects 7 out of 10 people who receive it and about 3 or 4 out of 10 people are fully protected 4 years after getting the Pertussis Vaccination. ³
- Physicians know that antibiotics have little if any effect on the course of the illness once the cough (stage 2) has set in. Antibiotic treatment is believed to reduce transmission to others if prescribed at stage 1 (which appears to be only a cold), but the odds of diagnosing whooping cough at this very early stage are highly unlikely. (*More*)

Prevention and Treatment Using Homeopathic Remedies

In recent years I have seen great success in treating whooping cough using homeopathic remedies. Conventional medicine is often unwilling to consider any therapy that is not manufactured by PhRMA. There is an undeniable bias and belief that Homeopathic treatments and remedies are just not effective because it is believed that Homeopathy defies conventional medical beliefs about the nature of illness and how it can be treated.

Prevention of Whooping Cough: *Drosera* - If someone in your home is suffering from Whooping Cough take it once per day. If you do contract whooping cough, it will be a much milder case.

**You can check your health food store for Drosera or*

*The Himalayan Institute at
841 Delaware Ave. in Buffalo - 883 2223. Also,*

*Johnson's Pharmacy,
Mayville, NY- 753-3206. (They offer same day mailings.)*

Treatment:

For stage 2, the 'Whooping stage', homeopathic remedies offer the most effective relief. Antibiotics can do nothing for the spasmodic stage of this disease. There are many homeopathic remedies which can be used in the treatment of whooping cough. For the whooping stage, it is best to consult a professional homeopath. There are subtle differences between the symptom patterns of persons suffering from whooping cough. Homeopathic treatment is based on choosing the one medicine that most closely matches the symptom profile of the ill person. With the correct remedy, Whooping Cough can be resolved relatively quickly, i.e., 3-10 days.

- 1. Vaccinated kids account for 90 percent of child whooping cough cases in Vermont, Andrew Stein, VTDigger.org, Oct 8, 2012*
- 2. vaccinechoicecanada.com*
- 3. www.cdc.gov/pertussis*
- 4 Will Taylor, M.D. from a lecture on **Acute Care**.*